



SGS FAMILY NEWSLETTER December 2010

SGS Important Dates

- Dec. 4:** Knowledge is Power
- Dec. 10:** HOLIDAYS AROUND THE WORLD from **5-7 PM**
- Dec. 11:** Knowledge is Power
- Dec. 14:** Parent Committee Mtg. – 11am
- Dec. 16:** Parent Committee Mtg. – 2pm
- Dec. 17:** FOOD DRIVE ENDS
- Dec. 17:** Polar Pal families will provide lunch for staff.
- Dec. 17-23:** SGS Open. *METRO SCHOOLS CLOSED*
- Dec. 23:** SGS CLOSSES at **12pm**. Lunch will be served to children.
- Dec. 24 – Jan. 3:** SGS CLOSED

Happy Holidays!




HOLIDAYS AROUND THE WORLD



Come celebrate the holiday season by travelling around the world. You and your family can travel through Germany, China, Costa Rica, South Korea, Slovenia, Vietnam, Italy, Mexico and the USA to learn about the different cultures, traditions and enjoy some delicious food! Each classroom will represent a different country, so please join us at **5pm sharp** to experience this unique and special

holiday event. Families are invited to contribute to the success of Holidays Around the World by:

 **Making a dish** (take a recipe card from your child's classroom).

 **Helping with set-up or clean-up in your child's classroom.**

Please ask your room parent or your teachers how you can fit in to the fun!

Please note: classrooms will actually be CLOSED from 4:15-5pm on the 10th so that teachers can make final preparations to the space. Teachers will place children's items outside the classroom and children will be supervised on the playground or other suitable area while classroom spaces are being prepared.

FOOD DRIVE



Our SGS, Outreach and CCR&R food drive ends December 17th! Many thanks to those that have brought in items! Our baskets have been overflowing. However, there are so many families in need. If you can, help us give them plenty of good food this holiday season! Place nonperishable foods (canned, boxed, etc...) in the boxes outside your child's classroom. Thank you!

NURSE NOTES

from Nurse Theresa



Have a Happy and Healthy Holiday Season! Stay healthy by...

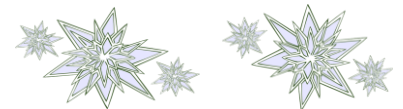
* Teaching your children to wash their hands often and don't touch their eyes, nose and mouth. Nobody wants to be sick this time of year!

*Eat sweet treats in moderation. Don't forget to keep eating fruits and vegetables!

*Be active! Physical activity strengthens our immune system, helps us cope with stress and improves our mental health. Give gifts that encourage physical activity – active games, Frisbees, jump ropes or sporting equipment.

* Prevent accidents or injuries. Be sure toys are age appropriate and with no small parts (Government regulations state that toys for children under the age of 3 cannot have parts less than 1 ¼ inches in diameter and 2 ¼ inches long). If you are visiting in the homes of friends and family, remember they may not be childproof. Grandma's medicine may look just like candy to your child, for example.

Thanks to www.familydoctor.org, www.cdc.gov, and www.mypyramid.gov, www.aap.org for their information.



COLD WEATHER IS HERE!

Remember that cold weather has arrived, so please make sure your child comes to school with a **warm coat, hat, and gloves or mittens**. If it's easier, leave an extra set here in their cubbies. We try to go outside every day and want to make sure your child stays warm! Also make sure your child has an extra set of winter clothes here (pants, long sleeve shirt, socks) just in case. Thank you!

*Winter weather also means potential school closings – but SGS does not close based on Metro Schools' status. Please check with wsmv.com for the latest Snowbird closings during inclement weather. We recommend that you sign up to be alerted to any relevant school closings by email at <http://www.wsmv.com/closings/index.html>

SPECIAL THANKS

Thank you to our wonderful Parent Committee for organized the Parent Table in the hallway last month. Everyone stopped and mingled, had refreshments and learned about the many ways we can all help SGS! It was a big success and we truly appreciate your efforts!

We also thank the Imagination Station families for providing a delicious lunch and treats for the staff last month. Our Polar Pal families will take on the role December 17th and we can't wait! Many thanks to all of our families for all you do!

TEACHER FAVORITES

Speaking of our wonderful Parent Committee, they have put together a binder with all of our teachers' and staff members' birthdates and lists of favorite things. So, if you are ever wondering what your child's teacher enjoys, feel free to come into the office and take a peek.

NEW FACES AT SGS

Please stop by and welcome our newest staff additions if you haven't already. Co-teacher **Stephanie MacDonald** joins lead teacher Lena Jensen in Cuddle Bugs. Co-teacher **Lyn Isaac-Austrie** joins lead teacher Catina Martinez in Cosmic Kids. And, our very own **Twyla Gunderson** moves from co-teaching in Cosmic Kids to lead teacher in Polar Pals, teaming up with Mrs. Betty. We are excited about these promising teachers. They make great additions to our phenomenal teaching staff. Welcome!!!

SANTA CLAUS IS COMING

A very special guest with a sleigh and eight tiny reindeer will be joining us all the way from the North Pole for **Holidays Around the World!** Your children will have the opportunity to see Santa and get a photo with him from the photographer.



KNOWLEDGE IS POWER FINAL SESSIONS

The final two Knowledge is Power sessions are Saturday, Dec. 4th at 8:30am and Saturday, Dec. 11th at 8:30am. These sessions provide helpful insight for families who have children with disabilities. They are open to the community, so spread the word. You can find more information on our website. www.peabody.vanderbilt.edu/sgs.xml

NEW GYM TOYS

Check out the gym to see what's new! Thanks to a very generous donation from the Michael Roos Foundation, we were able to get some new gym equipment for the kids who have been enjoying trying them out!



WISH LIST

As you clean out closets this winter, please keep us in mind for any gently used clothes for ages 1 to 5. We could especially use extra coats, gloves and hats, as well as boy's clothing. However, as always, anything is greatly appreciated and will be used!



Staff Birthdays



Dec. 9 – Jennifer Roddy – CCR&R

Dec. 30 – Carla Thomas – Outreach



May you all have a warm and happy holiday season and we wish you health and peace in the New Year!

Your SGS Family

