

*The Program in*  
**Human  
Development  
Counseling**



PEABODY COLLEGE  
VANDERBILT UNIVERSITY

*"Being an effective counselor and agent of change requires a passion for lifelong learning and a commitment to understanding other worldviews. A defining feature of the program*



*is learning how to translate principles of human development into culturally sensitive practices."*

**GINA L. FRIEDEN**  
Assistant Professor of the Practice of  
Human and Organizational Development  
Program Director



**T**he Human Development Counseling Program (HDC) at Vanderbilt University prepares students to work with individuals and families who seek professional counseling services. In a rigorous and integrated two-year program, students acquire a strong theoretical grounding in human development, counseling paradigms, and strategies of intervention. This foundation informs students' clinical practice and is further shaped and honed through a full-year internship. Through the internship, students apply knowledge and gain skills under careful supervision. Upon completion of all requirements, students are awarded the Master of Education degree (M.Ed.).

Your training in HDC will prepare you for a professional counseling career in community service agencies or schools. HDC graduates have also obtained positions in employee assistance programs, community mental health agencies, and other human service organizations. In addition, some students choose to continue their education and pursue doctoral-level training in counselor education, counseling psychology, or related fields.

## Mission

The HDC program recognizes the dynamic relationship between individuals, environments, and human systems. In order to meet the counseling needs of diverse populations, our students learn to integrate current research with sensitivity to social contexts and individual goals. As an HDC student you will employ counseling skills to maximize human potential and the development of individuals, groups and organizations. You will also be uniquely qualified to appreciate the life-long nature of human development.

### Accreditation and Certification

Vanderbilt's HDC programs in Community and School Counseling are accredited by the Council for the Accreditation of Counseling and Related Educational Programs (CACREP). This accreditation allows eligible students to sit for the National Board of Certified Counselors (NBCC) examination just prior to graduation. In contrast, students matriculating from non-CACREP accredited programs are first required to complete a two-year post-graduation work experience.

# Curriculum

You may choose to pursue your studies in HDC on either a full or a part-time basis. Courses are offered during weekday hours, early evenings, and weekends. Some weekend courses are required. The program is organized by curriculum areas modeled on the CACREP standards. Curriculum areas include the following:

- Professional Identity
- Social and Cultural Diversity
- Human Growth and Development
- Career Development
- Helping Relationships
- Group Work
- Assessment
- Research and Program Evaluation

The program offers two curriculum tracks:

## SCHOOL COUNSELING

The School Counseling track will prepare you to work as a K-12 school guidance counselor providing counseling services for students with academic, social, psychological or emotional needs. The track in school counseling meets all requirements leading directly to licensure as a school counselor in Tennessee.

## COMMUNITY COUNSELING

The Community Counseling track will prepare you for a career in social service agencies, mental health centers, employee assistance programs, or other mental health organizations. Practicing as a licensed professional counselor (LPC) is an achievable goal for individuals who pursue this track.



*"HDC provides a supportive and connecting community that promotes professional and personal growth. The program has provided a strong foundation using developmental, cultural, and relational lenses in working with clients."*

SHELLY SOWELL, HDC Student

### Core Requirements

The following courses are required of students in both the school and community counseling tracks as part of the 48-hour curriculum. Additional course selections and the course sequence may vary depending on program specialization, your career objectives, and faculty recommendations. To learn more about the HDC curriculum, please visit [peabody.vanderbilt.edu/hod/hdc\\_tracks.htm](http://peabody.vanderbilt.edu/hod/hdc_tracks.htm).

HDC 3660 Developmental Counseling Psychology

HDC 3310 Theories of Counseling

HDC 3850 Pre-practicum

HDC 3870 Practicum

HDC 3760 Group Dynamics

HDC 3680 Counseling Diverse Populations

HDC 3600 Social, Legal and Ethical Issues

HDC 3470 Psychology of Careers

HDC 3510 Appraisal & Assessment

HDC 3840 Research in Counseling

HDC 3890 Internship

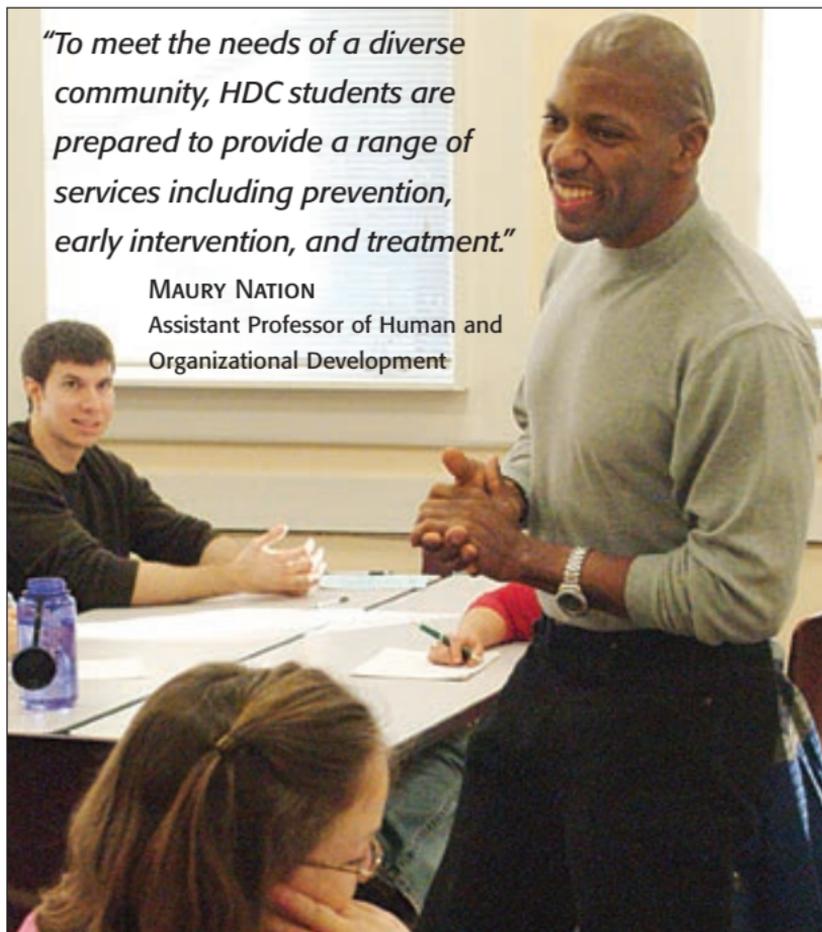
### INTERNSHIP REQUIREMENT

Education of professional counselors must go beyond the classroom. Consistent with CACREP accreditation standards, the HDC program at Vanderbilt offers internship experiences in a wide variety of settings including schools, drug and alcohol treatment centers, government agencies, group homes, community mental health centers, and more.

*"To meet the needs of a diverse community, HDC students are prepared to provide a range of services including prevention, early intervention, and treatment."*

MAURY NATION

Assistant Professor of Human and Organizational Development



# Faculty

HDC is based in the Department of Human and Organizational Development, a multidisciplinary group of social scientists who share a focus on human behavior and well-being in organizational and community contexts. The HDC program faculty is highly experienced and diverse. Not only are its members counseling practitioners, they are expanding knowledge of the field through research. HDC faculty members regularly contribute to journals and the professional literature and are recognized for their contributions by their peers. As a student, you will find that HDC faculty members are committed to close interaction with graduate students. Mentoring relationships between faculty and students make classroom time more productive and the internship experience more valuable. The program maintains small classes and a low student-faculty ratio, a unique opportunity in professional education.



*Lori Schnieders, assistant clinical professor, teaches in the school counseling track in HDC. Rashidah Bowen is a student in the program.*

## HDC FACULTY

**Gina Frieden** (Ph.D., 1988, Memphis State University)

Assistant Professor of the Practice, Program Director

RESEARCH INTERESTS: adult development, life transitions, grief and loss

TEACHING INTERESTS: advanced developmental psychology, grief and loss, internship

**Maury Nation** (Ph.D., 1999, University of South Carolina)

Assistant Professor

RESEARCH INTERESTS: violence and bullying etiology and prevention, community and environmental factors that affect mental health, multicultural issues

TEACHING INTERESTS: research methods and program evaluation, internship, prevention, community counseling, community psychology

**Ora Prilleltensky** (Ed.D., 1998, OISE at the University of Toronto)

Lecturer

RESEARCH INTERESTS: motherhood, disability studies, critical approaches to counseling

TEACHING INTERESTS: counseling theories, multicultural issues, practicum and internship

**Lori Schnieders** (Ed.D., 1999, University of Louisville)

Assistant Clinical Professor

RESEARCH INTERESTS: school counseling, parenting, cultural awareness in children and adolescents

TEACHING INTERESTS: developmental psychology, internship, child and adolescent therapy

### ADJUNCT FACULTY

**William M. Barkley** (Ph.D., 1978, Purdue University)

TEACHING INTERESTS: consultation, research, appraisal and assessment

**Joan Bryant** (Ph.D., 1994, Auburn University)

TEACHING INTERESTS: career development, counseling theories and techniques, practicum/internship

**Jon Butler** (M.D., 1994, University of Tennessee)

TEACHING INTERESTS: treatment of chemical dependency, co-occurring disorders, mental health diagnosis and treatment

**George Davis** (Ph.D., 1984, Biola University La Marada)

TEACHING INTERESTS: ethics in counseling

**Brenda Dew** (Ph.D., 1976, Ohio University)

TEACHING INTERESTS: marriage and family counseling

**Judy Freudenthal** (Ed.D., 1991, Vanderbilt University)

TEACHING INTERESTS: counseling diverse populations

**Susan Hammonds-White** (Ed.D., 1989, Vanderbilt University)

TEACHING INTERESTS: internship, group dynamics

## Peabody College of Vanderbilt University

Peabody College, Vanderbilt University's college of education and human development, seeks to maximize human potential by fostering lifelong learning. The College's efforts are international in scope and focus on learners of all ages and abilities. Named for the 19<sup>th</sup> century education philanthropist, George Peabody, the College actually dates back more than 200 years.



*"HDC provided me with great teachers as a student, and great students now as I teach. Knowledge, professional development, and personal awakenings await those who enter the program."*

JUDY FREUDENTHAL, M.ED. '87, ED.D. '91  
Adjunct Faculty Member  
Clinical Director of Nashville's OASIS  
Center, a non-profit youth agency

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*U.S. News & World Report* routinely ranks Peabody among the top ten graduate schools of education.

Peabody enrolls more than 650 graduate or professional students and more than 1,150 undergraduates. The College's education programs, including special education, are situated in a context of attention to the entire span of human and community development, psychology, organizational leadership, K-12 and higher education administration, and public policy. Peabody offers nearly 30 graduate or professional majors, and 8 undergraduate majors. Most academic programs include a strong practice orientation.

The full-time teaching faculty numbers approximately 130. Many faculty members are nationally recognized for their research, while others serve as editors of scholarly journals and leaders of professional organizations. The faculty is organized into five departments: Human and Organizational Development; Leadership, Policy and Organizations; Psychology and Human Development; Special Education; and Teaching and Learning.

A research institution, Peabody disseminates findings through dynamic partnerships with K-12 schools, higher education peers, government, and non-profit organizations, as well as through its 30,000 graduates.

Vanderbilt University is a comprehensive national research university that provides innovative programs, state-of-the-art facilities, and a supportive environment for interdisciplinary inquiry. The University comprises ten schools, a public policy institute, a distinguished medical center, and The Freedom Forum First Amendment Center. Vanderbilt offers a full range

of graduate and professional degrees as well as undergraduate programs in the liberal arts and sciences, engineering, music, and education and human development. For more information about Peabody and Vanderbilt, visit us on the Web at: [peabody.vanderbilt.edu](http://peabody.vanderbilt.edu) or [www.vanderbilt.edu](http://www.vanderbilt.edu).

## Admission

Admission to the HDC program is competitive, and applicants should demonstrate prior interest or experience in human relations and counseling. Particular emphasis is placed on academic plans, career goals and previous academic or work experiences as reflected in your statement of purpose.

You must submit transcripts of all prior undergraduate or graduate work, scores for the GRE or the MAT, and three letters of recommendation. These should include descriptions of your interests and abilities as well as your potential for success in academic and clinical work. While not required, on-campus interviews are strongly encouraged. You may also submit writing samples or other materials relevant to your experience or interest in counseling.

## Financial Assistance

Financial aid is available in the form of graduate assistantships, scholarships, work-study, and low-interest loans. You may apply for all forms of assistance. Detailed information on financial aid is available at: [peabody.vanderbilt.edu/admissions/financial\\_aid/index.htm](http://peabody.vanderbilt.edu/admissions/financial_aid/index.htm)

## Housing

Vanderbilt's location offers you the advantage of a wide range of living choices at affordable prices. Costs for housing, food, and other expenses are moderate when compared with other metropolitan areas. The supply of rental housing in the Vanderbilt area is adequate. Vanderbilt's Office of Housing and Residential Affairs maintains an off-campus housing referral service at: [apphost1a.its.vanderbilt.edu/housing/Main/](http://apphost1a.its.vanderbilt.edu/housing/Main/)



*“The HDC program was excellent preparation for doctoral work. My training offered just the right balance of support and challenge, and the program’s developmental focus and commitment to multicultural concerns were invaluable.”*

PARRISH PAUL, M.ED. '03

*Ph.D. candidate, Pennsylvania State University*

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## Career Planning & Development

As an HDC student, you will build a valuable network of professional contacts that will serve your career well. And your Vanderbilt degree will ensure that you are recognized. In addition, the Vanderbilt Career Center offers services to all Vanderbilt students in seeking and securing employment upon graduation. The Career Center can be found at: [www.vanderbilt.edu/career/](http://www.vanderbilt.edu/career/).

## To Apply

We encourage you to apply for admission online at: [peabody.vanderbilt.edu/admissions/apply.htm](http://peabody.vanderbilt.edu/admissions/apply.htm). The application fee is waived for online applicants. For general admissions information, point your Web browser to: [peabody.vanderbilt.edu/admissions/index.htm](http://peabody.vanderbilt.edu/admissions/index.htm).

To learn more about the HDC program at Vanderbilt, we encourage you to visit our website: [peabody.vanderbilt.edu/hod/hdc.htm](http://peabody.vanderbilt.edu/hod/hdc.htm).

You may also contact Sherrie Lane ([sherrie.a.lane@vanderbilt.edu](mailto:sherrie.a.lane@vanderbilt.edu); 615-322-8484). Our mailing address is: Human Development Counseling, Peabody College of Vanderbilt University, Peabody #90, 230 Appleton Place, Nashville, TN 37203-5721.



#### NON-DISCRIMINATION STATEMENT

In compliance with federal law, including the provisions of Title IX of the Education Amendments of 1972, sections 503 and 504 of the Rehabilitation Act of 1973, and the Americans with Disabilities Act of 1990, Vanderbilt University does not discriminate on the basis of race, sex, religion, color, national or ethnic origin, age, disability, or military service in its administration of education policies, programs, or activities; its admissions policies; scholarship and loan programs; athletic or other University-administered programs; or employment. In addition, the University does not discriminate on the basis of sexual orientation, consistent with University nondiscrimination policy. Inquiries or complaints should be directed to the Opportunity Development Officer, Baker Building, Box 1809 Station B, Nashville, Tennessee 37235. Telephone (615) 322-4705; Fax (615) 421-6871.

#### SECURITY STATEMENT

In compliance with the Jeanne Clery Disclosure of Campus Security Policy and Campus Crime Statistics Act and the Tennessee College and University Security Information Act, Vanderbilt University will provide you, upon request, an annual Security Report on University-wide security and safety, including related policies, procedures, and crime statistics. A copy of this report may be obtained by writing or calling the Vanderbilt University Police and Security Office, 2800 Vanderbilt Place, Nashville, Tennessee 37212 or by telephone at (615) 343-9750. You may also obtain this report on our Website at [police.vanderbilt.edu/secatvu.htm](http://police.vanderbilt.edu/secatvu.htm).

A complete list of legal disclosures may be found at: [peabody.vanderbilt.edu/disclosures.htm](http://peabody.vanderbilt.edu/disclosures.htm).



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