

# Curriculum Vita Gina Frieden

## Office Address

**Peabody College of Education**  
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Assistant Professor of the Practice  
Department of Human and Organizational Development  
Licensed Counseling Psychologist  
Area of Specialization: Adult Development, Grief and Loss, Counselor Training

## **EDUCATION**

Vanderbilt Consortium, Nashville, TN 1987-88  
APA Approved Internship in Clinical Psychology

Memphis State University, Memphis, TN December, 1988  
Ph.D. Counseling Psychology

Indiana University, Bloomington, IN August, 1981  
Master of Science, College Student Personnel Administration

Oklahoma State University, Stillwater, OK May, 1978  
Bachelor of Science, Advertising

## **ACADEMIC APPOINTMENTS**

**Director**  
**Human Development Counseling**  
**2000 - 2019**

Responsible for managing faculty teaching assignments, responding to student inquiries, program evaluation, disseminating relevant information, updating program handbook as well as recruitment literature, recruiting, conducting orientation, advising, arranging and participating in relevant committee and outreach activities, updating professional resources, review of applicants, budget requests, coordinating comprehensive exams and handling various student needs and concerns.

**Program Coordinator** Advise community counseling students, coordinate credentialing exam, develop and revise community curriculum. Responsible for developing new program tracks and credentialing.

**Clinical Coordinator** Evaluation and monitoring of student performance and readiness for internship. Responsible for establishing coordination between two tracks—CMHC and School Counseling.

**School Placement and Coordination (2011-12)** Assisting with school placements, consultation and workshops for school counseling students and supervisors

**Prevention Track Coordination (2011-12)** Assist with coordinating advising, recruitment, staffing and course development

**Assistant Professor of the Practice  
Human Development Counseling  
Peabody College of Vanderbilt University  
Nashville, TN  
1994 - present**

Responsibilities include teaching graduate and undergraduate courses in Human Development Counseling and the Department of Human and Organizational Development. Supervise interns and advise graduate students in HDC. Serve on university, college and departmental committees.

**Staff Psychologist  
Counseling Services Center  
Western Kentucky University  
Bowling Green, KY  
Training Director  
1991 – 1994**

Clinical services provided to traditional and non-traditional student population. Responsibilities include individual and group counseling, psychological testing and assessment, crisis intervention and case management. Training responsibilities include group supervision of graduate assistants and practicum students, coordinating individual supervision, in-service training, and conducting/arranging seminars for graduate students and faculty in psychology.

### **AWARDS AND HONORS**

2008 Compassionate Friends Annual Conference Professional Award  
2004 Peabody College Benefactor of the Commons Award  
2003 Faculty Incentive Award  
2003 Peabody College Benefactor of the Commons Award  
1995 Peabody Roundtable Distinguished Faculty Award

**PUBLICATIONS****Articles**

Finch, A.J. and Frieden, G. (May 2014). The ecological and developmental role of recovery schools. *Peabody Journal of Education*.

Paul, P., & Frieden, G. (2008). The lived experience of gay identity development: A phenomenological study. *Journal of LGBT Issues in Counseling*, 2, pp. 26 -52.

Frieden, G.L., Baker, K. & Mart, A. (2006). Fostering Self Authoring Spirituality in College Women. Institute on College Student Values Proceedings.

Frieden, G.L. & Pawelski, J. (2003). Affective development in college students: Teaching strategies that promote ethical decision-making and compassionate choice. *Journal of College and Character*, 2, online journal.

Griffith, B., & Frieden, G.L. (1999). Reflection as a tool for facilitating self awareness. *Counselor Education and Supervision*.

Murrell, P. H., Frieden-Graham, G. L., & Claxton, C. S. (1987). Outcomes assessment and professional development: An exploratory discussion. *Journal of Staff, Program and Organization Development*, 5, pp. 73-78.

Frieden, G. L. (1986). Using experiential learning as a model for leadership training. *Journal of College Student Personnel*, 28(3), pp. 283-284

**Book Chapters**

Frieden, G. (2019) Assessing strengths in adolescents. In Morelli, V. (Ed). *Adolescent Health Screening: An Update in the Age of Big Data*. New York: Elsevier

Finch, A.J, Nwosu, O., Frieden, G., Hennessy, E., Martin, N. et al (2016). Can synergy across theory, pedagogy and practice guide professional education? In Barnes, S. (Ed.) *Academics in Action*. New York: Fordham University Press.

Prilleltensky, I., Docecki, P., Frieden, G.L. & Ota Wang, V. (2007). Counseling for wellness and justice: Foundations and ethical dilemmas. In E. Aldarondo (Ed.). *Advancing social justice through clinical practice* (pp. 19-42). Mahwah, N.J: Lawrence Erlbaum Associates Publishers.

**CURRICULUM AND PROGRAM REPORTS**

CACREP Mid Cycle Report, 2002, 2009, 2015, 2017, 2019R  
Accreditation Mid Cycle Report- Program Additions, Changes and Verification of Standards

CACREP Self Study, July, 2004, 2011, 2012, 2013R  
Accreditation Self Study Review 7 year review of all standards by accrediting team

CAEP Addendum SLO report 2002, 2009, 2016  
Accrediting of School Counseling program and Student Learning Outcomes

HDC Program Evaluation Report 2012, 2015, 2018  
Three year program evaluation including all relevant data  
Survey of Alums, Supervisors, Employers and National Certification Exam Vanderbilt results

### **HDC Handbooks**

HDC Instructor Handbook, 2013, 2017R

HDC Prevention Science Curriculum Proposal 2010

HDC Handbook for Supervisors October, 2005, rev. 2008

HDC Program Director Handbook, August, 2002 – (Revised, 2003, 2009, 2011)

HDC Community Agency Internship Handbook, August, 2002 – (Revised, 2003, 2005, 2007)

HDC Community Agency Practica and Internship Site Manual, August, 2003; (Revised 2005, 2007)

### **EDITORIAL BOARD**

Journal of College and Character 2005-2012

#### **Advisory Board**

Journal of College and Character 2003, 2004

### **SELECTED PRESENTATIONS**

#### **Adolescent and Adult Development: Applications of Constructive Developmental and Strength Based Approaches in Clinical Practice**

Frieden, G.L., and Eskridge, E.R. (2019, February). Engaging Student Voices through Transformative Practices. Presented at the 2018 Institute on College Student Values, Tallahassee, Florida.

- Frieden, G.L. & Finch, A.J. (2018, November). Training Counselors in Integrative Care: A Developmental and Strength-Based Approach. Presented at the Tennessee Counseling Association, Nashville, TN.
- Frieden, G.L., and Eskridge, E.R. (2018, February). Fostering Cultural Humility on the College Campus: Training Student Leaders in a Divided World. Presented at the 2018 Institute on College Student Values, Tallahassee, Florida.
- DePue, K., Richardson, E., Alli, S. & Frieden, G.L. (2016, April). A Constructivist Model of Athletic Identity Development: A Strength-based Theory. Presented at the American Counseling Association Annual Convention, Montreal, QC, Canada.
- Frieden, G.L. and Gau, V. (2015, November). Counseling Incarcerated Youth: A Multisystemic Approach. Presented at the Tennessee Counseling Association, Murfreesboro, TN.
- Frieden, G.L. (2015, October). Adolescent Neurocognitive Development: Integrating Culturally Competent Strategies in Counseling Practice. Presented at the Association for Counselor Educators and Supervisors Annual Convention, Philadelphia, PA.
- Frieden, G.L. and Finch, A. (2014, November). Neurocounseling Strategies for Working with Adolescents: A Developmental Approach. Presented at the Tennessee Counseling Association, Nashville, TN.
- Frieden, G.L. and Finch, A. (2014, March). Integrating Neurocognitive Findings in Counseling Practice with Adolescents and Young Adults. Presented at the American Counseling Association Annual Convention, Honolulu, Hawaii.
- Mitchell, T.L. and Frieden, G. (2013, November). Understanding the Relational Experiences of African American Women: A Qualitative Study. Presented at the Tennessee Counseling Association, Murfreesboro, TN.
- Frieden, G. and Finch, A. (2011, October). Supporting Recovery for Adolescents with Substance Use Disorders: The Ecological and Developmental Role of Recovery Schools. Presented at the Association for Counselor Educators and Supervisors Annual Convention, Nashville, TN.
- Frieden, G. L. (2009, November). Using Strength-Based Strategies to Enhance Well-Being and Resilience with Adolescents. Presented at the Tennessee Counseling Association, Chattanooga, TN.
- Finch, A. & Frieden, G.L. (2010, March). Recovery High Schools: Holding Environments for Substance Abuse Recovery and Adolescent Development. Presented at the American

Counseling Association Annual Convention, Pittsburgh, PA.

Mart, A. & Frieden, G.L. (2006, March). Assessing Spiritual Development: Constructing a New Measure from a Multi-faith Perspective. Presented at the American Counseling Association Annual Convention, Montreal, Canada..

Frieden, G.L., Baker, K. & Mart, A. (2006, February). Religious Diversity and Development: A Preliminary Research Study. Presented at the 2005 Institute on College Student Values. Tallahassee, Florida.

Paul, P. & Frieden, G.L. (2004, July). What Informs Sexual Minority Identity Development: A Qualitative Study. Presented at the American Psychological Association Annual Convention, Honolulu, HI.

Paul, P. & Frieden, G.L. (2004, March). Gay Identity Development: Implications for Practice. Presented at the American Counseling Association Annual Convention, Kansas City, Kansas.

Frieden, G.L., and Pawelski, J. (2003, February). Fostering Affective Development in College Students: Strategies that Promote Ethical Decision Making and Compassionate Choices. Presented at the 2003 Institute on College Student Values. Tallahassee, Florida.

Frieden, G. L. & Griffith, B. (1999, March). Religion and Psychotherapy: Three Perspectives. Presented at the Southeastern Psychological Association Annual Convention. Savannah, Georgia.

Frieden, G.L., Daniels, B., and Stallings, H. (1999, February). Conflict on the College Campus. A Developmental Approach to Resolution. Presented at the Institute for College Student Values, Tallahassee, Florida.

Frieden, G.L., Giles, D.E. & Eyler, J. (1997, February). Assessing the Impact of Service Learning on College Students' Social and Cognitive Development. Presented at the Institute on College Student Values Annual Conference. Tallahassee, Florida.

Frieden, G. L. (1995, June). Conflict Mediation: Addressing Differences on the College Campus. Presented at the 1995 Institute of Higher Education, Nashville, TN.

Frieden, G. L. (1995, March). Critical Reflection in Experiential Learning: A Constructive Developmental Perspective. Presented at the Southeastern Psychological Association Annual Convention, Savannah, GA.

Frieden, G. L. (1995, December). Relational Teaching: Exploring Affective Processes in Ethical Reasoning. Presented at the Institute for College Student Values, Tallahassee, FL.

- Frieden, G. L. (1993, December). From Crisis to Choice: Adult Learners in Transition. Presented at the National Community Education Association, Nashville, TN.
- Frieden, G. L. (1993, August). Finding Common Ground: The Creative Act in Community. Symposium presented at the American Psychological Association Annual Convention. Toronto, Canada.
- Frieden, G. L. (1993, February). Networks and Collaborations: New Approaches for Valuing Community on the College Campus. Presented at the Institute on College Student Values, Tallahassee, FL.
- Frieden, G. L. (1990, August). Assessing Student Change in Intellectual Development: Applying the Perry Scheme. Presented at the American Psychological Association Annual Convention, Boston, MA.
- Murrell, P. H., Winters, M., & Frieden, G. L. (1990, December). Millsaps College: A Case Study of Students and Their Curriculum: Issues of Learning Style and Intellectual Stage. Presented at Perry Conference "Reflection and Anticipation: A Celebration of Two Decades of Work with the Perry Scheme, Washington, D.C.
- Moore, W. S., & Frieden, G. L. (1986, October). The Confluence of Cognitive Stage and Style: Using Perry's Scheme of Intellectual and Ethical Development and the MBTI in Research. Presented at the Southeast Regional Association for the Application of Psychological Type, Memphis, TN.
- Frieden, G. L. (1987, January). Applications of Developmental Theory to Counseling. Workshop presented to faculty and students at Austin Peay University, Clarksville, TN.

## **Counselor Education and Training**

- Frieden, G.L. & Cobb, N. (2019, October). Teaching Online: Ethical and Pedagogical Considerations in Counseling. Presented at the Association for Counselor Educators and Supervisors Annual Convention, Seattle, WA.
- Frieden, G.L. (2019, February). Preparing Counselors for Integrated Behavioral Health Practice. Presented at the American Association of Behavioral and Social Sciences, Las Vegas, NV.
- Frieden, G.L. (2018, February). A Model for Collaborative Practice: Integrating Counselors in Behavioral Healthcare Teams. Presented at the American Association of Behavioral and Social Sciences, Las Vegas, NV.
- Frieden, G.L. (2016, November). The Reflective Practitioner: Strategies for Cultivating

Cultural Competence and Complex Empathy in Supervision. Presented at the Tennessee Counseling Association, Nashville, TN.

- Frieden, G.L. (2015, October). Supervision Practices that Support Cultural Competence and Multicultural Awareness: An Integrative Approach. Presented at the Association for Counselor Educators and Supervisors Annual Convention, Philadelphia, PA.
- Frieden, G.L. and Finch, A. (2013, November). Supervision Strategies that Promote Cultural Competence. Presented at the Tennessee Counseling Association, Nashville, TN.
- Frieden, G.L. (2011, October). Moving to Competency Based Outcomes: Revising the Curriculum in Life Span Development. Presented at the Association for Counselor Educators and Supervisors Annual Convention, Nashville, TN.
- Frieden, G.L. and Smith, H. (2011, October). Using the Diversity Wheel to Promote Intercultural Competence. Presented at the Association for Counselor Educators and Supervisors Annual Convention, Nashville, TN.
- Frieden, G. and Finch, A. (2010, November). The Paradox of Change: Uncovering the Power of Hidden Commitments. Presented at the Tennessee Counseling Association, Nashville, TN.
- Frieden, G. L. (2009, December). A Constructive Developmental Approach to Classroom Learning and Citizenship. Presented at the 5<sup>th</sup> Annual International Conference on Civic Education. Nashville, TN.
- Frieden, G. and Smith, H. (2009, February). Using Strengths to Enhance Motivation and Well Being in the Curriculum. Presented at the 2009 Institute on College Student Values. Tallahassee, FL.
- Frieden, G.L. (2008, October). Constructive Developmental Supervision: Facilitating Culturally Competent Practice. Presented at the Southern Association for Counselor Educators and Supervisors Annual Convention. Houston, TX.
- Frieden, G. and Smith, H. (2008, January). Exploring Assumptions about Intergroup Differences: From Dissonance to Dialogue. Presented at the 2008 Institute on College Student Values. Tallahassee, FL.
- Frieden, G. (2006, August). Supervision Practices that Support Cultural Competence. In K.J. Bieschke & P.L. Paul (Chairs), Adopting a Constructive-Developmental approach to Counselor Training and Cultural Competence. Symposium conducted at the annual meeting of the American Psychological Association, New Orleans, LA.



- Frieden, G.L. (2005, October). Using Developmental Instruction to Challenge Cultural Assumptions. Presented at the Association for Counselor Educators and Supervisors Annual Convention. Pittsburgh, PA.
- Frieden, G.L. (2005, October). From Either/Or to Both/And: Training Supervisees in the Use of Paradox. Presented at the Association for Counselor Educators and Supervisors Annual Convention. Pittsburgh, PA.
- Paul, P., and Frieden, G.L. (2003, March). Diversity and College Student Development. Presented at the American Counseling Association Annual Convention. Anaheim, California.
- Griffith, B., & Frieden, G.L. (1999, October). Reflection as a Tool for Facilitating Self Awareness. Presented at the Association for Counselor Education and Supervision (ACES) Annual Convention. New Orleans, Louisiana.
- Frieden, G.L. & Moore, M. (1999, April) Turning Point: Students' Perceptions of Change during Internship. Presented at the American Counseling Association Annual Convention. San Diego, California.
- Frieden, G. L. (1996, August). Student to Intern Transition: Implications for Supervision. Presented at the American Psychological Association Annual Convention. Toronto, Canada.
- Frieden, G.L. (1996, April). Facilitating Self-development in the Training of Counselors: An Ethical Quagmire. Presented at the American Counseling Association Annual Convention. Toronto, Canada.

## Loss and Transition

- Frieden, G. (2013, November). Understanding Loss and Compassion Fatigue: Strategies for Caregivers. Presented at the National Health Care for the Homeless Council, Nashville, TN.
- Frieden, G. and Goodman, K. (2010, November). Children's Grief and the Loss of a Grandparent: Healing through Groups. Presented at the Tennessee Counseling Association, Nashville, TN.
- Robertson, L., Finch, A. & Frieden, G. (2010, March). Expression of Coping Among Hurricane Katrina Survivors: A Qualitative Look at the Impact of Prolonged Recovery Efforts on the Coping Process. Presented at the American Counseling Association Annual Convention, Pittsburgh, PA.

- Frieden, G. and Moore, A. (2009, November). Promoting Resilience for Adolescents in the

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Wake of Parental Divorce. Presented at the Tennessee Counseling Association, Chattanooga, TN.

Frieden, G.L. & Bess, K. (2003, June). Psychosocial Adaptation: Chinese Immigrant Women's Experience in America. Presented at the Society for Community Research & Action Annual Conference, Las Vegas, New Mexico.

Frieden, G.L. (2003, March). Psychosocial Loss and Adaptation: Immigrant Women's Experience in America. Presented at the American Counseling Association Annual Convention. Anaheim, California.

Frieden, G.L. & Armstrong, C. (1999, March). Pathways to Change: Helping Clients Adapt to Stressful Life Events. Presented at the Southeastern Psychological Association Annual Convention. Savannah, Georgia.

Frieden, G.L. (1997, April). A Developmental Approach to Grief and Loss. Presented at the Southeastern Psychological Association Annual Convention. Atlanta, Georgia.

## **GRANTS**

Title: Behavioral Health Workforce Education and Training Grant  
Funding Agency: Health Resources and Services Administration (HRSA)  
\$600,000 award September, 2017 through April, 2021  
Principal Investigator-Frieden

Stress Reduction Program Evaluation, Daughters of Charity National Health System  
\$80,000 award through February, 2002  
Co-principal investigator

## **TEACHING**

### **Courses Taught**

HDC 3890 Internship  
HDC 6330 Prepracticum  
HDC 7950 Practicum  
HDC 6440 Advanced Developmental Counseling  
HDC 6310 A Developmental Approach to Grief and Loss